

Cambrian Golden Shield



Cross Country Schedule 2018-2019

	<u>DATE</u>	<u>TIME</u>
XCO – FANSHAWE INVITATIONAL	SEPTEMBER 15 TH	
XCO – SENECA INVITATIONAL	SEPTEMBER 29 TH	
XCO – CENTENNIAL INVITATIONAL	OCTOBER 13 TH	

WOMEN'S AND MEN'S QUALIFIERS		
WOMEN'S OCAA PROVINCIALS	CENTENNIAL – OCTOBER 27 TH	
MEN'S OCAA PROVINCIALS	CENTENNIAL – OCTOBER 27 TH	
WOMEN'S CCAA NATIONALS	SENECA – NOVEMBER 10 TH & 11 TH	
MEN'S CCAA NATIONALS	SENECA – NOVEMBER 10 TH & 11 TH	